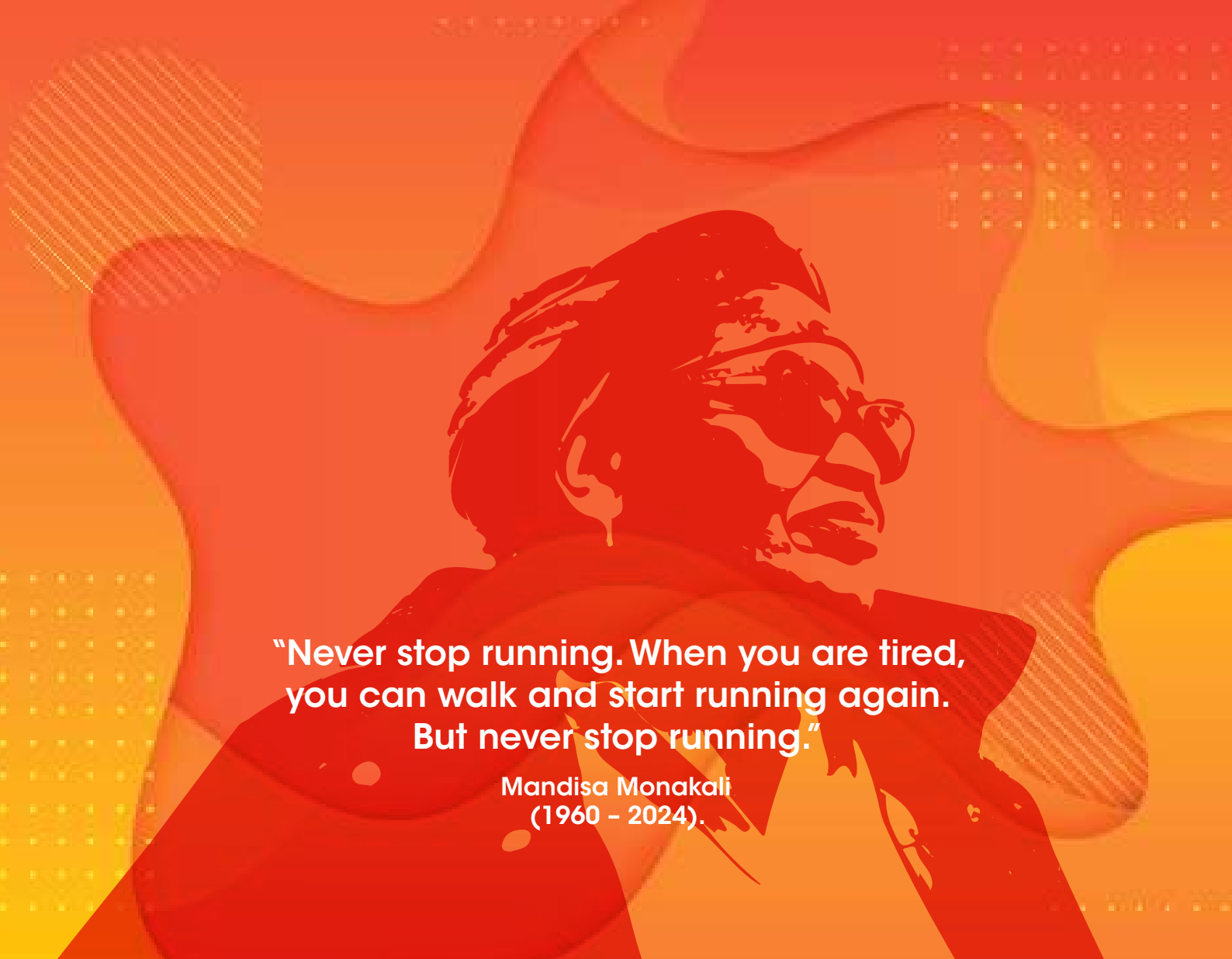
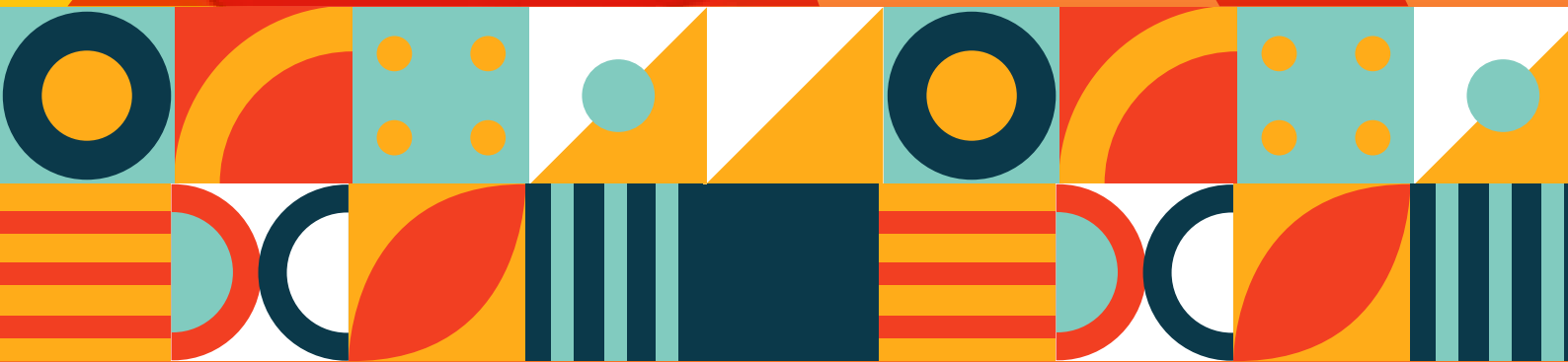


A stylized, high-contrast portrait of Mandisa Monakali in shades of red and orange, set against a background of abstract, wavy shapes in yellow and orange. The portrait is positioned in the upper half of the page.

**"Never stop running. When you are tired,
you can walk and start running again.
But never stop running."**

**Mandisa Monakali
(1960 - 2024).**



ANNUAL REPORT

2024 - 2025



ILITHA LABANTU
PEOPLE WHO CARE ABOUT PEOPLE

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ACRONYMS AND ABBREVIATIONS

AWIF	African Women Independent Forum
BPfA	Beijing Platform for Action
CBK(s)	Community-based kitchen(s)
CBO(s)	Community-based organisation(s)
CEDAW	Convention on the Elimination of All Forms of Discrimination against Women
CNDC	Community Nutritional Development Centre
CPUT	Cape Peninsula University of Technology
CSW	Commission on the Status of Women
DSD	Department of Social Development
GBV	Gender-based violence
GBVF	Gender-based violence and Femicide
NGO(s)	Non-governmental organisation(s)
PFDC	Provincial Food Distribution Centre
SAPS	South African Police Service
SDGs	Sustainable Development Goals
SETA	Sector Education Training Authority
UN	United Nations
VAW	Violence against women



OUR VISION

To assist in the elimination of all kinds of violence especially those that occur in the domestic domain where the ideology of privacy is strong.

OUR MISSION

We strive to end violence and abuse against women and children in disadvantaged communities. We provide emotional support, practical advice, education and training for coping with and addressing violence against women and children.

We utilize interactive and inclusive methodologies in our education and empowerment programs

OUR GUIDING PRINCIPLES ARE

SERVING all survivors of domestic violence and those supportive of them at any time, regardless of age, gender, sexual orientation, income, ability, religion, or geography
Providing **TIMELY ACCESS** to services and programs.

Creating a **SAFE, WELCOMING, AND RESPECTFUL** environment where survivors and their families can heal and grow, working to end the silence surrounding violence against women and children, and ending the stigma found within our communities through outreach programs.

RAISING AWARENESS about how societal acceptance of oppression relates to the incidence of sexual violence. Promoting a work environment that **EMPOWERS** each person to do their work to their fullest capacity; that supports each person in their efforts, and that inspires teamwork to provide the best service to the community.





MESSAGE FROM

Ms Nkhabele Marumo

CHAIRPERSON OF THE BOARD

**Celebrating a legacy of tackling
violence against women and children**

February 2024 marked the 35 th Anniversary of Ilitha Labantu. Coinciding with the 30 th anniversary of the first democratic elections in South Africa (April 27), it was a year filled with reflection and stocktaking on progress in obtaining human rights and freedom for all. Our anniversary theme, “Thirty-five years of resilience | Tackling violence against women and girls,” reminded us collectively of how far we have come both as an organisation and as a country in fighting for gender equality and the eradication of gender-based violence. From a group of women seeking change and discovering better ways to support one another and make their communities safer, Ilitha Labantu evolved into an internationally recognised organisation that provides equitable services to thousands of women and children escaping violence. In addition to the daily support provided to survivors of violence, our community impact through outreach and education has reached millions in the Western Cape and across South Africa. Ilitha Labantu has also been instrumental in global civil society action on women’s rights, including participation at the Fourth World Conference on Women in Beijing in 1995, where the Beijing Declaration and Platform for Action were adopted, the Women’s Action Tent at the World Summit on Sustainable Development in 2002 and the Beijing +25 Consultative Forum in 2020.

At the national level, tangible progress is also evident. To enhance efforts to end violence against women, the government developed the National Strategic Plan on GBVF and passed new GBV laws. These include the Sexual Offences and Related Matters Act, the Domestic Violence Amendment Act, and the National Council on Gender-Based Violence Bill in May 2024, which establishes a multi-sectoral body to combat GBVF, combining expertise from civil society, labour, and business. GBV desks have also been introduced at police stations in hotspots and the GBVF Response Fund was launched to assist community-based organisations.

Even as we celebrate these important milestones, we are fully aware that our work is far from done. Between October and December 2024 alone, over 12,000 rape cases were reported – suggesting that a woman is raped every 12 minutes in South Africa. Persistent high rates of sexual assault and gender-based violence broadly show us that we still have a lot of work to do to uproot the structural drivers of violence in South Africa – poverty, unemployment and a social fabric that remains in tatters, even after 30 years in a post-apartheid South Africa. Our anniversary was therefore a fitting moment to reaffirm our unwavering commitment to eradicating violence against women and children.

Amid our celebrations, on 3 November 2024, we lost our Founder and President, Ms Mandisa Monakali. We, therefore, rescheduled our 35 th -anniversary conference and used the occasion to reflect on the legacy of the organisation and of our founder. Held under the theme, “Rethinking Gender Equality and Empowerment of Women and Girls in Advancing Sustainable Development,” the conference was an opportunity to explore how we could ensure momentum to achieve gender equality as the 2030 SDG deadline fast approaches. The contributions, deliberations, dialogues, and discussions among stakeholders and partners were valuable in informing how we strategise on long-term sustainable solutions to advance women’s rights.

The Ilitha Labantu Board extends its sincere gratitude for the support shown by our partners during this time of celebration and loss. Your solidarity has been crucial in getting us through this season. In the spirit of Mam Mandisa, we will continue listening to the struggles, triumphs and stories of resilience of countless survivors, seeking out new partners to join the fight to end violence against women and children and deepening our programmes to empower and transform our communities.





MESSAGE FROM

Ms Ella Mangisa

EXECUTIVE DIRECTOR

Continuing to build on a solid foundation rooted in resilience and service



Three and a half decades ago, one woman turned a moment of outrage into an organisation. In 1989, Mandisa Monakali, a survivor of domestic violence, founded Ilitha Labantu. At the start, her aim was simply to find immediate support for women facing domestic violence and their children. Several women came together to help each other, responding with whatever resources they had, to create a makeshift shelter for women fleeing violence – a place to heal and restore their sense of self and redefine their purpose. From this humble beginning, visions of a multifaceted agency supporting women and responding to the needs of township communities grew. Thirty-five years later, Ilitha Labantu has become a vibrant community agency serving thousands of women, children and families.

Throughout the year, key activities including stakeholder engagements and dialogues, roadshows, our annual high tea, and international conference, served as platforms to remember and honour survivors and celebrate our history, successes and challenges. It was also vital to ensure that our activities resonate with young people, who are poised to lead the women's rights movement and the fight to end GBV into the future. Our girls' camp brought adolescent girls together for an enriching experience focused on building their confidence, self-worth, self-identity, and resilience in a relaxed and inspiring environment. We believe the experience will give them the tools and knowledge to navigate life's challenges and embrace their unique identity. Our Young Women's Dialogue, themed "Being Agents of Change", was another opportunity for young people to start thinking about their contributions to advancing women's rights and solutions to achieve women's socio-economic empowerment.

On the operational front, we encountered significant challenges related to funding and investment, not only for our work but also for community initiatives more broadly. The closure of vital programmes, such as the network of 100 community-based kitchens, affected over 25000 beneficiaries, leading us to advocate for renewed investment in long-term, community-based, comprehensive, and integrated social services. Our community nutritional development centre, for instance, represents more than just a meal. For many women and children, being in a secure, welcoming space, receiving a meal, learning about their rights, and accessing counselling can initiate a journey of healing and empowerment. This self-reinforcing model is central to what makes Ilitha Labantu's work multifaceted and profoundly developmental.

Next year - our first without Mama Mandisa - will be challenging as we navigate our work without her guidance, experience, and positive energy. Yet we are confident that she leaves behind a solid foundation on which we will continue to build. We will uphold her legacy by fighting for and supporting women, children, families and communities affected by violence.





TRIBUTE TO THE LATE MS MANDISA MONAKALI, FOUNDER OF ILITHA LABANTU

SHORT BIOGRAPHY

Mandisa Monakali (1960 - 2024) was the founder and president of Ilitha Labantu. A survivor of gender-based violence herself, Monakali formed the non-profit in 1989 after realising the impact of domestic abuse on the development of women and children in township and rural communities.

For over 40 years, Monakali dedicated her life to advocating for the rights of women and children, personally seeking justice for victims and survivors of abuse. Her fight to end domestic violence and empower women has been recognised nationally and internationally.

TRIBUTE MESSAGES

- "Mandisa was a passionate community builder and a giant in the African and global women's movement, who worked tirelessly to break down the barriers that prevent women from reaching out when they are faced with gender-based violence. She had attained great heights in her chosen field as a gender activist, from her earliest attendance of the Beijing Women's Conference in 1995 to her co-patronage of the Women's Peace Train during the 2002 World Summit on Sustainable Development (WSSD) and her regular hosting of gender conferences and events in alignment with global development goals. She will especially be remembered for a life dedicated to the service of others, and for seeking to anchor gender empowerment goals at the community and individual level." - **Mrs. N. F. Thoko Mpumlwana, Board Chair, South African Women in Dialogue (SAWID) Trust**
- "We are proud to carry forward Mama Mandisa's legacy, standing on the foundation she built with such strength and resilience. As we look at where Ilitha Labantu is now—35 years later—we are reminded of the remarkable impact she had in paving the way for women's empowerment and social justice." - **Ms Ella Mangisa, Executive Director, Ilitha Labantu**



• “Mam’ Mandisa’s life’s work at Ilitha Labantu was transformative. She didn’t just lead an organisation—she built a movement that empowered women and children to find safety, healing, and hope. Her efforts to elevate grassroots voices to international platforms were nothing short of remarkable. Through Ilitha Labantu, Mam’ Mandisa brought women from South Africa’s marginalised communities to the Commission on the Status of Women (CSW), ensuring that their stories were heard and that their perspectives informed global policy discussions on gender equality, women’s rights and justice.” - **Nelson Muffuh, Resident Coordinator, United Nations in South Africa**

• Mama Mandisa was a valuable and committed person who contributed greatly to improving the lives of families as well as the broader community. Mama Mandisa was one of the stalwarts in the field of Social Work. We praise her support of the efforts and processes to acknowledge the excellence in social work. – South African Association for Social Workers, Western Cape

• Ms Mandisa Monakali was a source of hope for the marginalised and many. We thank Ilitha Labantu once again for working closely with us as BMMG, and we had the opportunity to share and enjoy the fruits of the work of Ms Mandisa Monakali as the founder of Ilitha Labantu. - **Bro. Sikhumbuzo Gangala (SG), Diocesan Secretary**

• “Mandisa’s dedication to advancing women’s rights and empowering communities has left an enduring legacy that will be felt for generations to come. Mandisa’s compassion, resilience, and tireless advocacy inspired all who were fortunate enough to know her or witness her impactful work. Her commitment to uplifting those in need and creating safe spaces for healing and growth serves as a powerful reminder of the strength and courage it takes to bring real change. As we mourn her loss, we also celebrate her remarkable life and the profound impact she has had on so many lives. We know her legacy will continue to thrive through the dedicated work of Ilitha Labantu and all those she inspired. May her spirit continue to light our paths, reminding us of the power of empathy, resilience, and unwavering commitment to justice.” - **Yu Yu, Representative, UNFPA South Africa**

• Mama Mandisa’s unwavering dedication to improving the lives of women and children in Southern Africa has left an indelible mark on countless communities, extending far beyond our South African borders. As we reflect on her legacy, we are inspired by her steadfast commitment to gender equality and social justice, which transformed the landscape of opportunities for many. Mama Mandisa’s innovative approach to community development and her tireless activism have created lasting, transformative, positive change that transcends the immediate impact of our partnership. UN Women was privileged to work alongside Mama Mandisa, a leader and a visionary who demonstrated passion, compassion, integrity, and dedication to uplifting others, especially in her work towards ending and preventing violence against women and children. Her leadership demonstrated how personal commitment can ignite significant, positive transformations within society. Her legacy lives on in the thousands of women and girls who now have better access to education, healthcare, and economic opportunities. - **Aleta Miller, Representative UN Women**



INTRODUCTION

South Africa marked the 30th anniversary of its democratic transition in 2024, coinciding with Ilitha Labantu's 35th anniversary – milestones that invited both reflection and a renewed commitment to the values of justice, equality and human dignity.

Despite progress made since 1994, the lived realities of many remain starkly unequal and unsafe, and the country continues to face a deepening crisis of violence against women, children and vulnerable groups. According to the Institute for Security Studies, the number of murders in South Africa has increased by a staggering 77 per cent since 2011/2012, pointing to a systemic collapse of public safety and justice. This crisis is fuelled by inadequate institutional responses, the breakdown of community protection mechanisms, and a worsening socio-economic landscape that reinforces cycles of trauma, poverty and gendered oppression.

Against this backdrop of escalating violence, deepening inequality, and institutional failure, Ilitha Labantu continues to offer critical, free, and community-based interventions for survivors and at-risk individuals in some of the country's most violent communities. Ilitha Labantu expanded its reach, strengthened strategic partnerships, and deepened its engagement at the intersection of service delivery, policy advocacy, and movement building.

The Clinical Department continued to provide immediate assistance to survivors through counselling at the walk-in centre, 24-hour hotline, and mobile clinic, as well as temporary shelter at the Dorothy Zihlangu Transitional House. Our Policy and Advocacy Department remained central in offering court support to survivors navigating South Africa's often re-traumatising legal system. By accompanying survivors, challenging procedural lapses, and bridging the gap between legal representation and survivor needs, we maintained that justice must be experienced, not merely promised. The Outreach and Education Department scaled up public engagements, such as our Human Rights Day campaign in Khayelitsha, where our mobile clinic provided legal, health, and psychosocial services to residents; this model of intervention is rooted in the community, comprehensive in scope, and responsive to the structural barriers that survivors face. The Building Bridges employment readiness programme also expanded with the introduction of organic farming skills, which can lead to improved household income and food security. While the Provincial Food Distribution Centre model ended, leading to the closure of 100 community-based kitchens, the Gugulethu Community Nutritional Development Centre, operated by Ilitha Labantu, remained operational. We also reactivated several community-based kitchens according to need and successfully developed and managed a food parcel pilot project in Imizamo Yethu.

We experienced a profound moment in our organisation's history when our founder and president, Ms Mandisa Monakali, passed away on 3 November 2024. Her passing was a time of immense grief and deep reflection, not only for Ilitha Labantu but for the broader feminist and human rights movements. Throughout her life, Mam Mandisa served as a force of moral clarity, grounding our work in the lived realities of women in our communities. In her honour, we dedicated our 16 Days of Activism campaign to mobilising around the very principles that guided her life's work: structural change, community resilience, and uncompromising advocacy for the most marginalised.

The culmination of this reporting period was our 35th Anniversary Conference, held from 26 to 28 February 2025 at the Rockefeller Hotel in Cape Town, following a postponement due to Mam Mandisa's untimely passing. Under the theme "Women's Rights at the Crossroads," the Conference brought together survivors, practitioners, policymakers, and scholars from across the continent. It was both a moment of remembrance and a strategic platform to articulate bold, forward-looking feminist responses to the enduring crises of our time, rooted in Pan-African thought, survivor-centred frameworks, and community-driven justice. The last day of the conference was utilised to prepare for the upcoming Commission on the Status of Women (CSW), which focused on the 30th Anniversary of the Beijing Platform for Action Declaration. We used this day to formulate recommendations from women's rights organisations and movements that could further guide our work as a collective.

Our work throughout the year centred on appreciating how the past has shaped our present and how our approach to current challenges can chart our course for the future. In a country where, on average, 75 murders occur daily and where survivors are often forced to navigate broken systems alone, Ilitha Labantu remains both a sanctuary and a site of resistance and resilience. We move forward with renewed purpose, defending the rights of the most marginalised, challenging structural violence, and holding power to account.





PROGRAMME IMPLEMENTATION AND KEY RESULTS

Ilitha Labantu's five programmatic areas - Clinical Programme, Policy and Advocacy, Outreach and Education, Employment Readiness and Comprehensive Food Security and Disaster Management work together to provide a holistic bundle of services to meet the needs of women and children affected by abuse and violence.





CLINICAL PROGRAMME

Ilitha Labantu's Clinical Department offers free individual counselling, family intervention, group counselling and support, and pre- and post-court counselling. These services are largely for women, children and the elderly. We also provide safe accommodation for survivors through the Dorothy Zihlangu Transitional House. In the reporting year, Ilitha Labantu provided counselling to 4043 survivors and their families, and assisted 2299 people through the 24-hour support line, six through the website and 19 through the mobile clinic. We also accommodated 41 people at the Dorothy Zihlangu Transitional House.

COMMUNITY WORKSHOPS

Our work in historically marginalised areas such as Gugulethu, Philippi, and Nyanga focused on Family Enrichment Programmes, Positive Parenting Workshops, and Self-Realisation Sessions aimed at breaking intergenerational cycles of violence. These community-centred interventions support the formation of safer families, build women's economic and emotional resilience, and foster environments that reject violence as normative.

The Clinical Department conducted the following activities from March 2024 to February 2025:

THE CLINICAL DEPARTMENT CONDUCTED THE FOLLOWING ACTIVITIES FROM MARCH 2024 TO FEBRUARY 2025:





Elderly Engagement





SOUTH AFRICAN POLICE SERVICE TRAINING

We further strengthened our partnership with the South African Police Service (SAPS) by delivering workshops on GBV legislation and gender sensitivity, child trauma and trauma-informed response, basic counselling for victims of violence and the ethical handling of protection orders in two more districts, the Cape West Coast District and the Overberg District. These are not supplementary training sessions, they are essential interventions toward transforming institutions that routinely fail women.



Gender-based violence



West Coast District

39

Members



5 – 6 Aug 2024



Overberg District

39

Members



25 – 26 Sep 2024



West Coast District

28

Members



2 – 4 Oct 2024



Gender sensitivity



West Coast District

40

Members



18 – 19 June 2024



West Coast District

18

Members



29 – 30 July 2024



Trauma and Child Trauma



West Coast District

32

Members



22– 23 July 2024



Overberg District

25

Members



19– 20 Aug 2024



West Coast District

36

Members



16– 17 Sep 2024



Conflict resolution and mediation



Cape Metro District

24

Members



28 – 29 Oct 2024



Combined basic counselling, gender sensitivity and GBV



Cape Metro District

15

Members



13 – 15 Nov 2023





South African Police Service



POLICY AND ADVOCACY

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Mobile services





NO BAIL PICKETING AND BAIL CONDITIONS CAMPAIGN

The Policy and Advocacy Department conducted a series of pickets to advocate for a no-bail plea for perpetrators appearing in court. The picketing events enabled the distribution of information flyers about the Bail Conditions campaign, which demands that survivors receive a copy of the perpetrators' agreed-upon bail conditions. The campaign aims to educate the public about their constitutional right to a copy of the conditions.

Following the cabinet reshuffle in 2024, Ilitha Labantu's Policy and Advocacy Department formally addressed a letter to the newly appointed Minister of Justice on 16 January 2025, raising concerns related to the organisation's Bail Campaign and advocating for the amendment of the Victims' Charter. We received a formal response, signed by the Minister on 25 February 2025, acknowledging the issues raised and confirming recent developments, including a national call for public submissions to review the current state of bail conditions in South Africa.

Highlights of key pickets and distribution of information flyers





HIGHLIGHTS OF KEY PICKETS AND DISTRIBUTION OF INFORMATION FLYERS

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Highlights of key pickets and distribution of information flyers

FEMICIDE CASE PICKETING FOR NO BAIL AT THE ATHLONE MAGISTRATE COURT

25 July 202; 3 September 2024; 4 September 2024; 12 September 2024; 2 October 2024

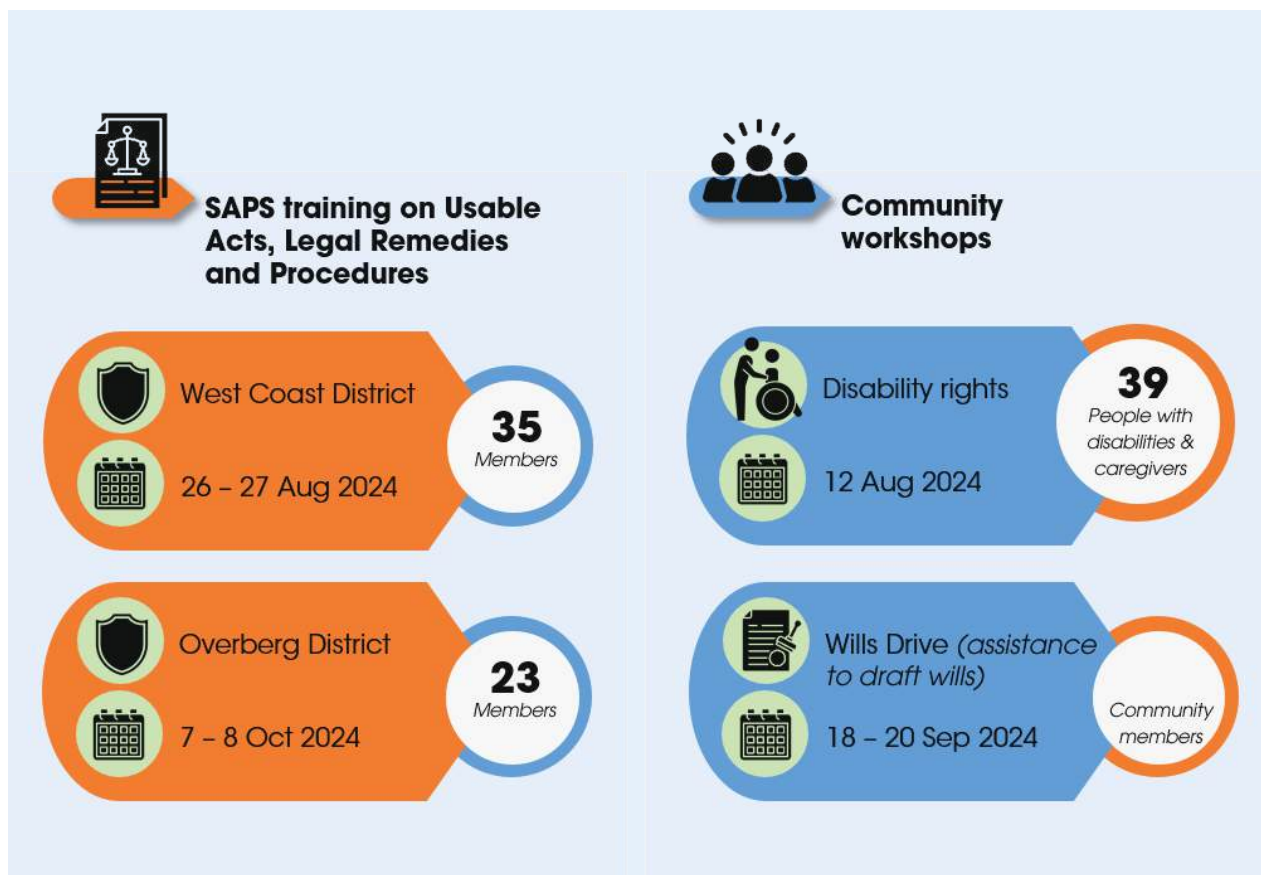
RAPE CASE PICKETING FOR NO BAIL

2 December 2024 - Wynberg Magistrate Court

28 January 2025 - Bishop Lavis Magistrate Court

4 February 2025 - Bishop Lavis Magistrate Court

7 February 2025 - Bishop Lavis Magistrate Court



During the 2024-2025 period, Ilitha Labantu's Policy and Advocacy Department provided direct support to 33 beneficiaries who were accompanied by the organisation's Legal Advisors to local police stations for assistance in opening cases and ensuring the correct documentation was filed. The Legal Advisors have continued to work collaboratively with Investigating Officers to complement and support the work of law enforcement.

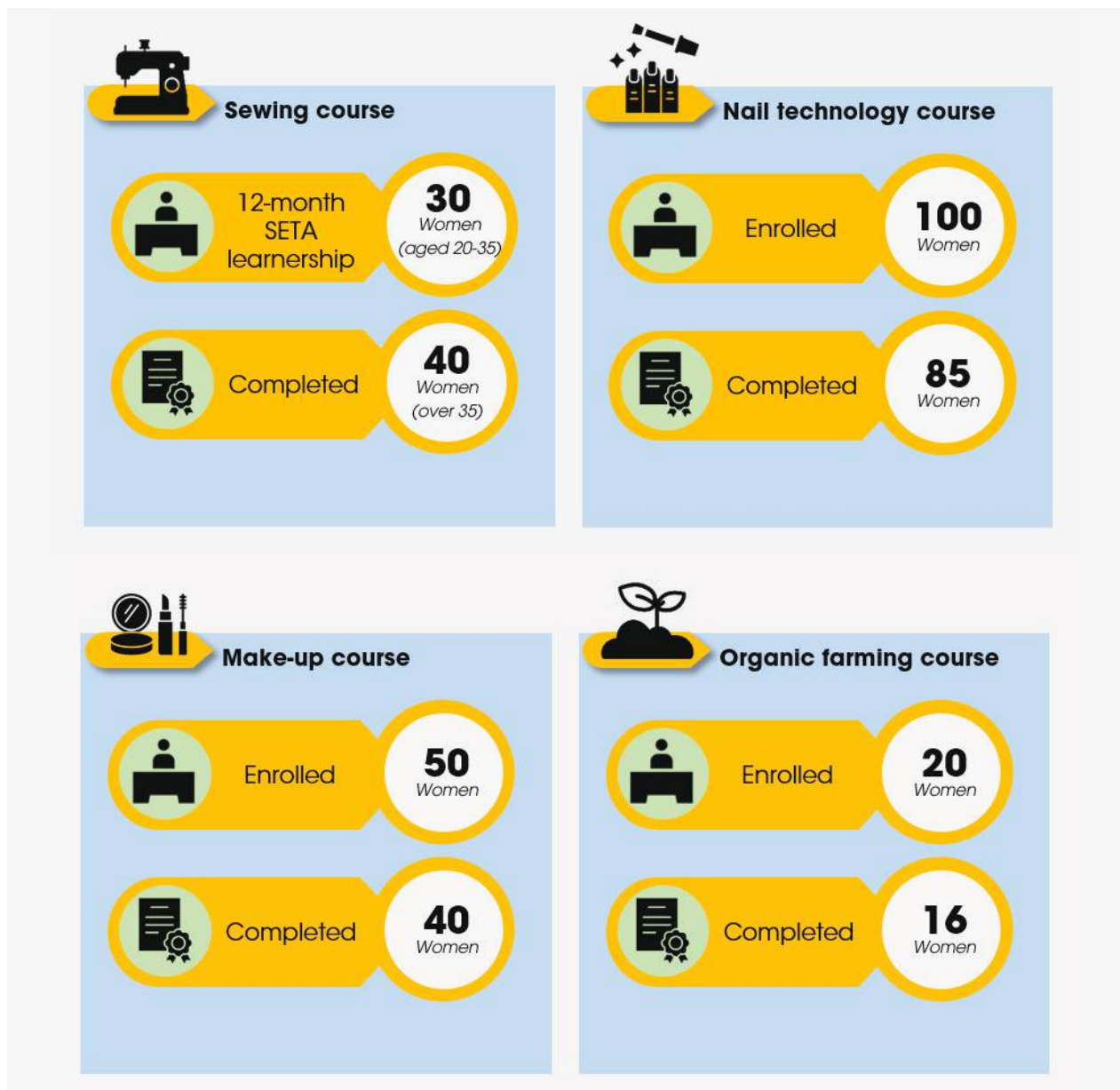


BUILDING BRIDGES EMPLOYMENT READINESS PROGRAMME

Ilitha Labantu successfully recruited 300 women, aged between 20 and 65, to participate in its holistic skills development programme for the 2024-2025 period. Of these, 201 young women have already been upskilled through a variety of targeted training initiatives which promote economic independence and entrepreneurship. Those who did not complete the programme either found employment or dropped out of due to the unavailability of stipends for SETA programs. As part of our SETA-accredited offering, 60 women were enrolled in sewing programmes. Those enrolled included 30 young women (ages 20-35) who joined the 12-month SETA Sewing Learnership, and an additional 30 women over the age of 35 who participated in a parallel sewing skills programme.

In the beauty sector, Ilitha Labantu trained 150 young women through two short-term vocational programmes. The Nail Technology programme enrolled two groups, totalling 100 young women, of whom 85 completed the course and received certificates and starter kits to launch their businesses. Similarly, 50 young women were trained in the Beautician (makeup-focused) course, with 40 completing the programme and receiving starter kits and certificates. Each of these courses ran for three to four months.

Further promoting sustainable livelihoods, the organisation trained 20 women in organic farming techniques. Sixteen of these participants graduated and were equipped with seedlings and starter kits, enabling them to apply their skills at home and within their communities.





Nails Technician in Training

BUILDING BRIDGES EMPLOYMENT READINESS PROGRAMME

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OUTREACH AND EDUCATION

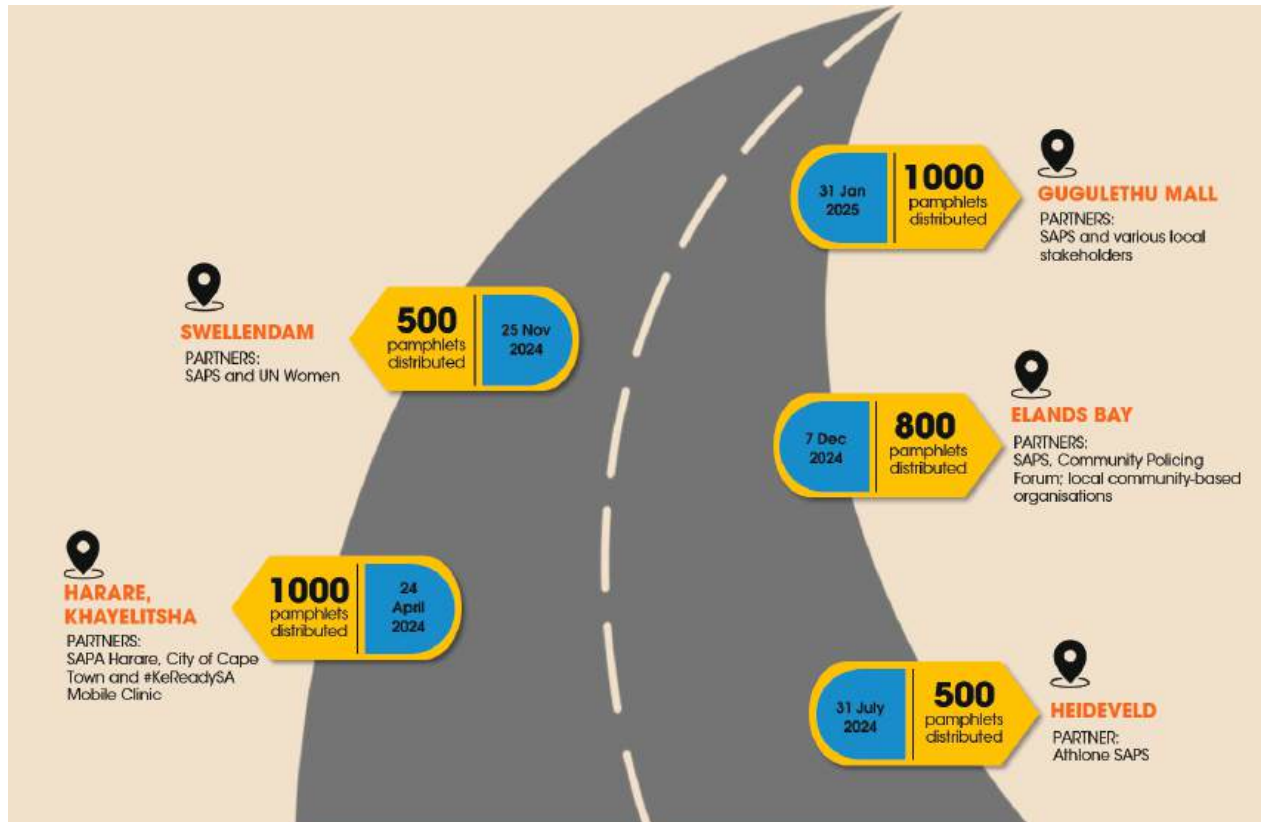
Activities implemented under the Outreach and Education Department surpassed our target of 117,000 households. The learner-centred support programmes, community dialogues, engagements, clinic talks and visits, and the distribution of materials during awareness campaigns and motorcades, reached 19,460 individuals. Through mass media campaigns with articles, and radio and television interviews, we have reached an estimated audience of over 5 million. Our robust media engagement has allowed us to provide commentary and input on stories related to GBVF and matters concerning children and vulnerable groups.



#Uthuleleni Anti-GBVF Campaign

The #Uthuleleni Anti-GBVF Campaign is Ilitha Labantu's flagship solidarity initiative aimed at fostering multi-sectoral partnerships to address the ongoing crisis of violence against women, children, and other affected groups. The campaign actively engages a broad range of stakeholders—including the South African Police Service, government departments, civil society organisations, community-based structures, faith-based institutions, and other key partners—to promote a coordinated and effective response to gender-based violence and femicide.

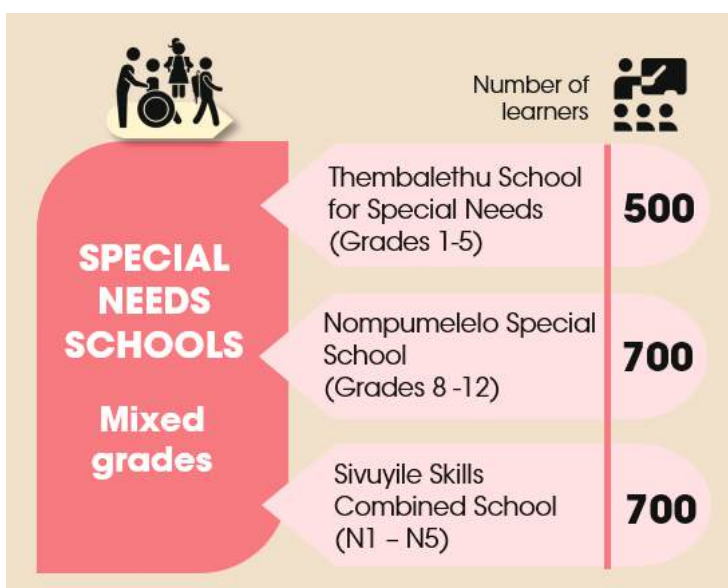
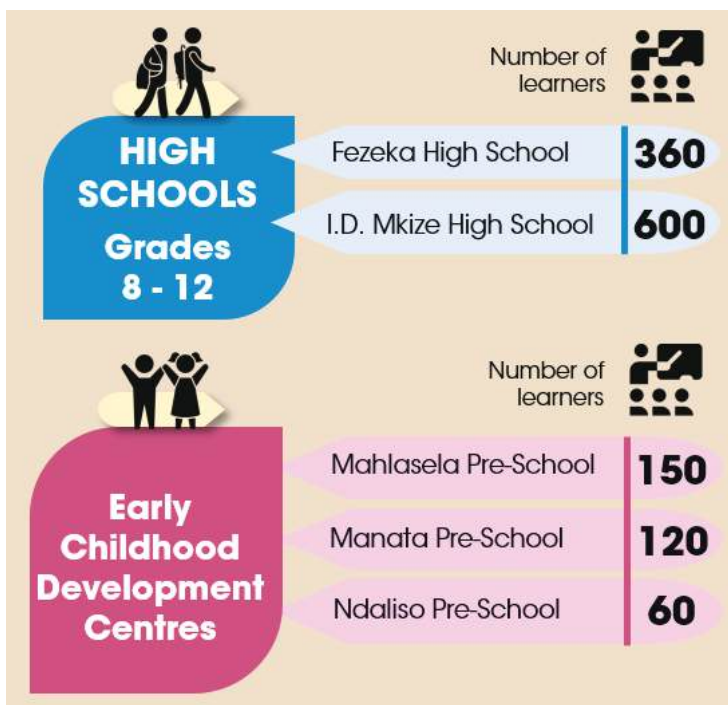
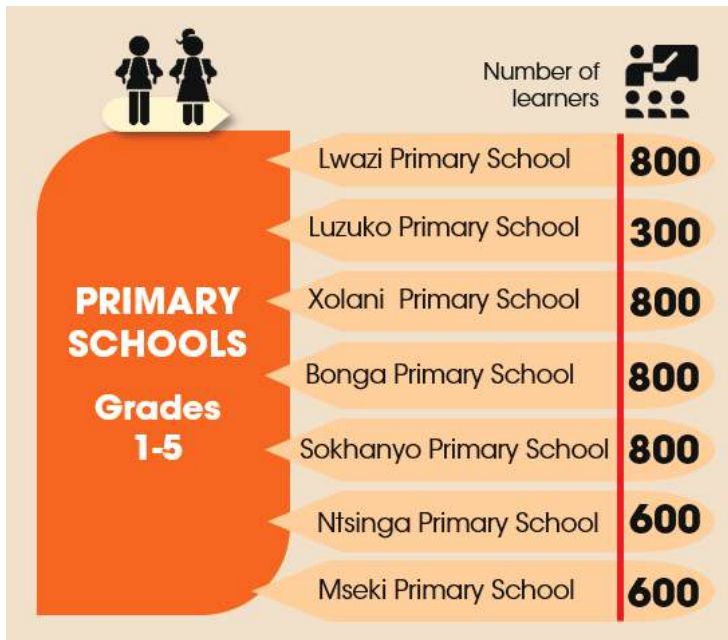
Overview of #Uthuleleni Anti-GBVF Motorcade activities:



LEARNER-CENTRED OUTREACH SUPPORT THROUGH SCHOOL VISITATION

Ilitha Labantu's Learner-Centred Outreach Support (Schools Visitation Programme) was created for primary and secondary school learners, usually below the age of 18, and tailored for children who live in communities where violence and abuse have been normalised. Through the programme, children learn about gender-based violence and other related matters and are empowered about their rights. This programme also provides greater access to Ilitha Labantu's holistic services for schools in communities with high rates of violence. During this reporting period, we supported a cluster of eight primary schools, two high schools, three schools for children with special needs and three early childhood development centres.





PRINCIPALS' FORUM

The Ilitha Labantu Principals Forum (ILPF) is established to provide a structured platform for school principals to address gender-based violence (GBV) in educational institutions, collaborate on effective interventions, and promote the welfare and empowerment of women and children. Principals from schools around Gugulethu and Nyanga attended two forum sessions on 12 April 2024 (24 principals) and 2 August 2024 (19 principals).



SCHOOL HOLIDAY PROGRAMME

The Ilitha Labantu school holiday programme is an extension of the learner-centred support programme, which creates a fun, engaging and educational space for children during the school holiday. The Outreach and Education Department, in partnership with the Gugulethu Public Library, hosted the April 2024 (25 – 27) and July 2024 (1 – 5) School Holiday Programmes. Over 200 children between 8 and 17 years attended the April programme and over 250 attended the July programme. Through interactive sessions, children participating learn about their rights, personal safety, and how to seek help if they encounter violence or abuse.



#Girlchat Unique and Positively YOU SCHOOL HOLIDAY CAMP

During the second term school holiday, from 24 – 27 June, the Outreach and Education and Clinical departments hosted a four-day camp for 60 girls between 13 and 17 years, at the Wortelgat Farm in Standford. The camp was designed to empower each girl to embrace her unique strengths, discover her true self and build confidence in a supportive and inspiring environment. Participants engage in various activities and discussions to foster self-awareness, leadership skills, and resilience. Our goal was to provide a safe space where girls can explore their passions, challenge themselves, and connect with peers who share their drive and enthusiasm.



GENDER-BASED VIOLENCE WEBINAR, CPUT

Over 200 second-year students from the Cape Peninsula University of Technology (CPUT) attended an online webinar training on addressing GBV, sexual violence, power relations and dynamics, and prevention strategies on 21 August 2025. Through facilitated, interactive sessions, the students critically engaged on various issues related to gender-based violence at institutions of higher education.



CHILD PROTECTION WEEK

From 29 May to 5 June 2024, the Outreach and Education Department observed the 2024 Child Protection Week themed "Every conversation matters, every child in every community needs a fair go". The theme underscored the critical need for discussions surrounding issues affecting children and adolescents, such as sexual violence and exploitation, negligence, violence in schools, the importance of building a positive self-image (identity) and other challenges faced by children. In line with our mission to promote child welfare and support efforts towards creating a safer and more supportive environment for children, during the week, the Outreach and Education team addressed 1700 pupils during assembly at Luzuko Primary School, Bonga Primary School, Lwazi Primary School, Thembaletu School for Learners with Special Needs and KTC Hospital.

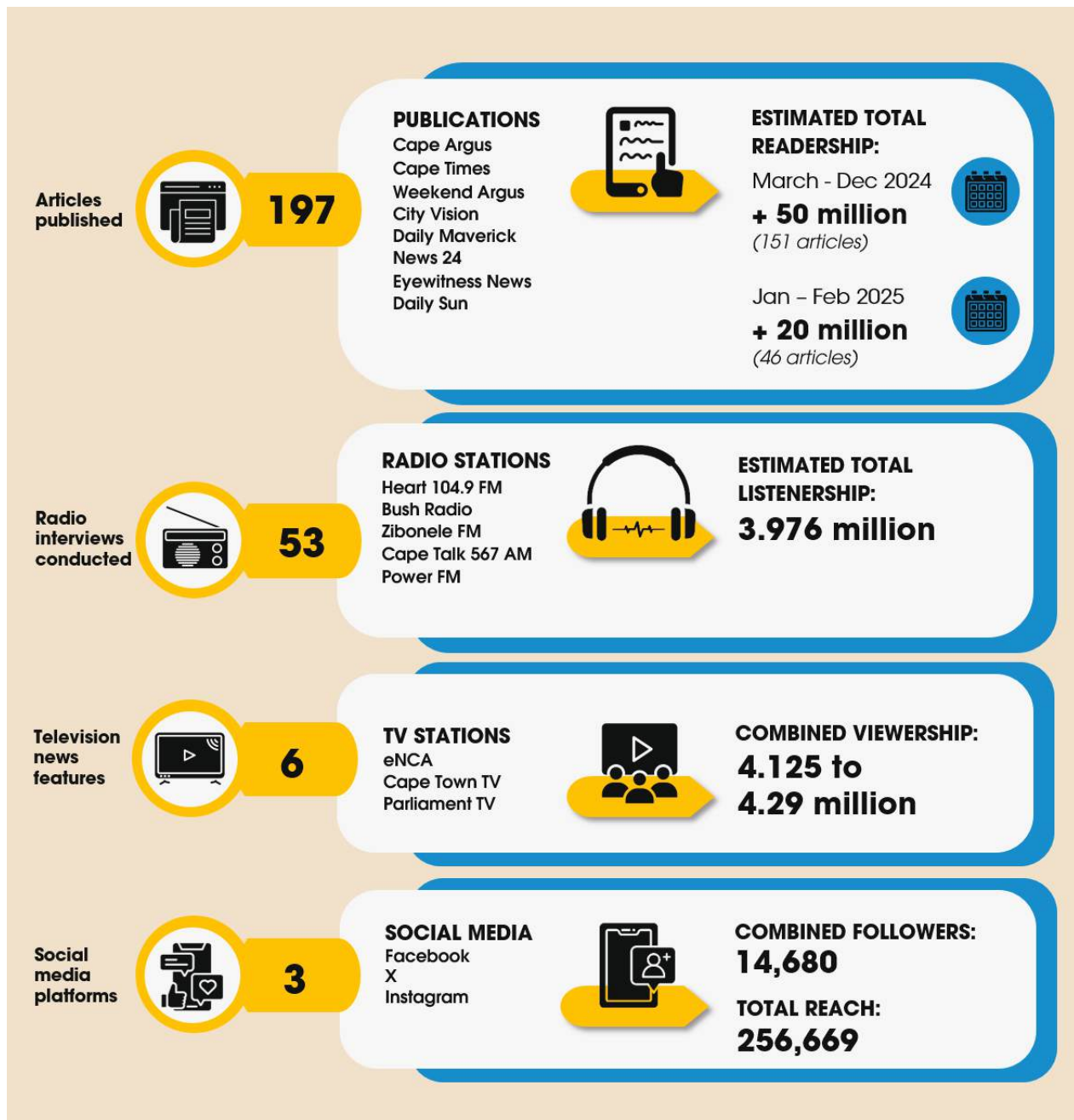


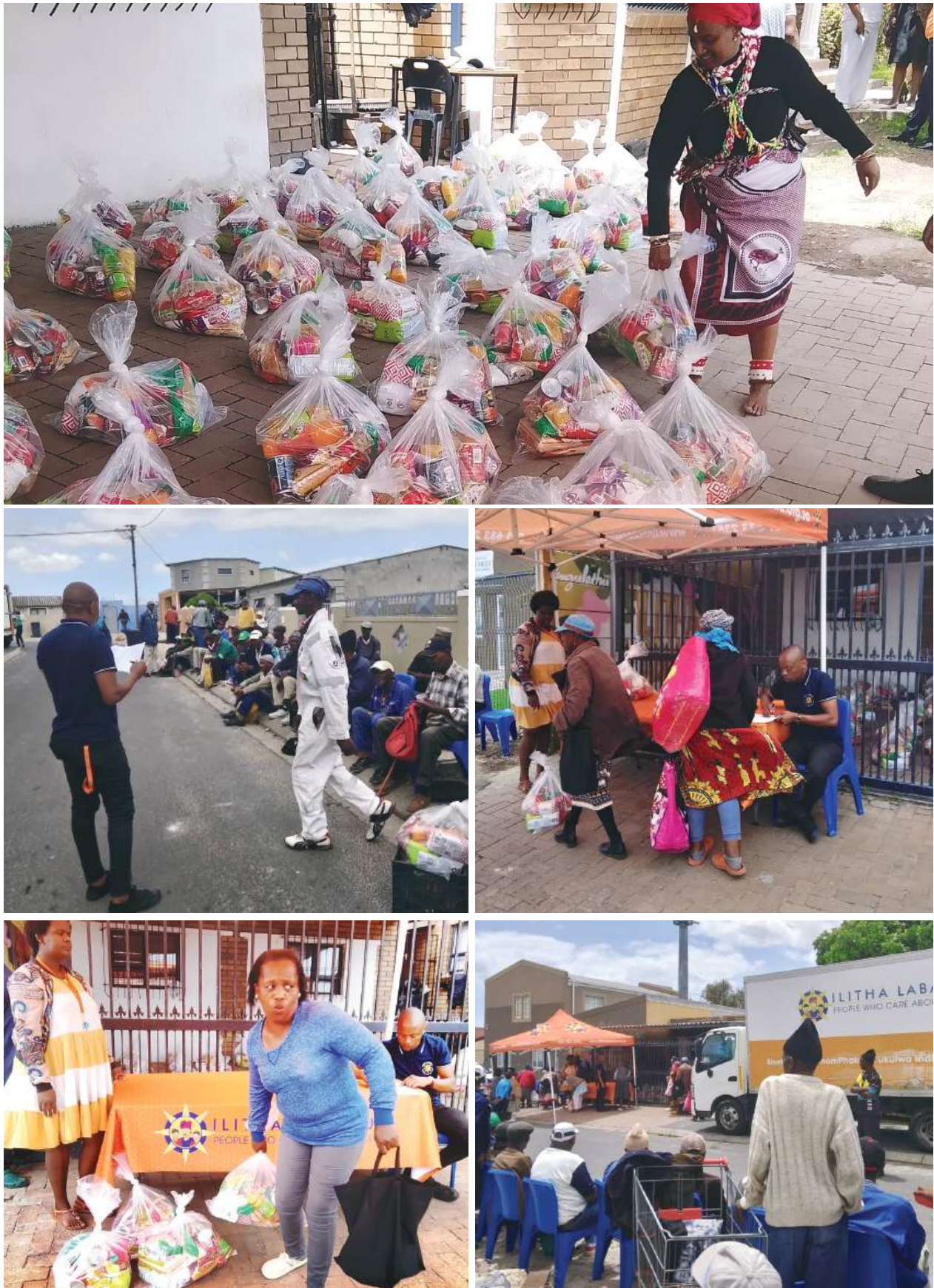
INTERNATIONAL DAY OF THE GIRL CHILD

On 11 October 2024, in observance of the International Day of the Girl Child, Ilitha Labantu hosted an inspiring debate at Gugulethu Comprehensive High School (Intshukumo), bringing together over 180 young girls (ages 13 – 17) from ten schools in Nyanga and Gugulethu. The debate focused on critical issues such as gender equality, education, and empowerment, providing a platform for these young voices to participate in meaningful discussions. The objective of the event was to foster critical thinking, raise awareness about the challenges girls face in society, and inspire them to become the next generation of women leaders and advocates for their rights. By amplifying their voices, we aim to encourage their empowerment and promote gender equality within our communities. The engaging debate provided a space for young girls to be heard and empowered them to take their rightful place as future leaders.



MASS MEDIA AND SOCIAL MEDIA





COMPREHENSIVE FOOD SECURITY PROGRAMME

Ilitha Labantu's Sustainable Livelihoods Programme continued to operate across the 2024-2025 financial year, maintaining consistent delivery through its Community Nutrition and Development Centre (CNDC) in Gugulethu, while also responding to new demands through interventions like food parcel distribution in Imizamo Yethu in Hout Bay and the restoration of eight Community-Based Kitchens (CBKs) i



 KITCHEN NAME	 LOCATION	 AREA PROFILE	 ESTIMATED BENEFICIARIES
Compassionate Hearts	Touwsriver	Isolated rural town with chronic unemployment and migrant influx	600-1,000
Sakhisizwe Kitchen	Grabouw	Agricultural hub with high seasonal labour instability	400+
Nompendulo Soup Kitchen	Gugulethu	Urban township with high GBV and child-headed households	300+
Eluthandweni Kitchen	Mbekweni, Paarl	Informal settlement area with rising crime and poor housing	250-300
Sibane Sethu	Delft	High-crime zone with gang activity and housing displacement	350-400
Maranatha Kitchen	Chatsworth	Rural mixed-race settlement with social grant dependency	200-250
Under His Wings	Kabaskraal	Remote mountainous area with youth isolation and food scarcity	200+
Dare to Care	Franschhoek	Tourism-adjacent area with migrant exploitation and food gaps	300-350

COMMUNITY-BASED KITCHENS (CBKS)

Following the end of the Provincial Food Distribution Centre (PFDC) model in 2023, Ilitha Labantu and its network of 100 CBKs lost access to consistent food supplies, basic operational funding, and support infrastructure, leaving a massive service vacuum. Kitchens that had operated daily for years, serving over 25,000 beneficiaries daily, were suddenly forced to shut down, without a contingency plan for the communities that relied on them.

Ilitha Labantu immediately began mobilising partners and appealing to the private sector, government, and international donors to rebuild the support lost, recognising that the collapse of these kitchens would reverse years of progress in hunger alleviation and community stability. Ilitha Labantu secured special funding from the Department of Social Development (DSD) in 2024 to restore eight priority CBKs based on community need, operational history, and geographic coverage. Each CBK received assistance with food procurement, access to logistical support and monitoring and temporary reactivation of core services for the 2024-2025 financial year. While the reactivation of the kitchens is a positive step, urgent, multi-sectoral investment in people, food, and infrastructure is required to avoid widespread food insecurity, loss of institutional knowledge due to collapsed volunteer-based models and high costs of rebuilding the CBK network rather than maintaining the system.

COMMUNITY NUTRITION AND DEVELOPMENT CENTRE (CNDC)

Despite the loss of large-scale funding, Ilitha Labantu continued to operate its flagship Community Nutrition and Development Centre (CNDC) in Gugulethu. The CNDC provides freshly cooked meals to children, pensioners, unemployed adults, and people living with disabilities. The CNDC also serves as a safe space for women and children in a high-risk environment. Beneficiaries who arrive at the CNDC are also linked to a network of services within the broader Ilitha Labantu ecosystem including psychosocial support and trauma counselling; legal advice and paralegal services for victims of abuse; youth empowerment through skills development and mentorship; access to documentation support for children and migrants; referral pathways to shelters and clinical services; community gardening and food sustainability projects.

Many of the CNDC's kitchen assistants and volunteers are former beneficiaries who were introduced to Ilitha Labantu through crisis interventions - survivors of violence, single mothers, and unemployed youth who later joined SETA-accredited programmes, participated in workshops, or enrolled in entrepreneurship incubators.

As the only organisation in Gugulethu operating a full CNDC aligned with the DSD's developmental vision and grassroots community organising principles, Ilitha Labantu is an example of the holistic community support that can be achieved when social relief is matched with structured, trauma-informed, community-based development.



ORGANISATIONAL ACTIVITIES



COMMISSION ON THE STATUS OF WOMEN (CSW) 68

The 68th annual Commission on the Status of Women (CSW68), the United Nations' largest annual gathering on gender equality and women's empowerment, took place at the UN Headquarters in New York from 11 - 22 March. United Nations member states and civil society organisations held discussions and deliberations under the priority theme, "Accelerating the achievement of gender equality and the empowerment of all women and girls by addressing poverty and strengthening institutions and financing with a gender perspective".

Ilitha Labantu hosted two parallel side events in partnership with the African Women Independent Forum (AWIF). These moderated, interactive discussions created the space for participants to delve into key issues, gain knowledge from expert speakers, establish networks with other organisations, especially those with similar philosophies, learn innovative approaches and enhance their advocacy skills.



The first side event on 15 March, themed “Financing for Gender Equality in the Context of the 2030 Agenda for Sustainable Development,” highlighted the critical need for sustainable financing mechanisms to support gender equality initiatives. The panellists included: Dr. Phumzile Mlambo-Ngcuka: Former Executive Director of UN Women, former Deputy President of South Africa, and founder of the Umlambo Foundation. Sazini Mojapelo: Chief Executive Officer, Gender-Based Violence and Femicide (GBVF) Response Fund. Honourable E. Monica Mutsvangwa: Minister of Women Affairs, Community, Small and Medium Enterprises Development, Government of Zimbabwe and Ella Mangisa: Executive Director, Ilitha Labantu. The session was moderated by Anne Githuku-Shongwe, Director of the UNAIDS Regional Support Team for Eastern and Southern Africa.

Panellists shared best practices, underscored the importance of government involvement, and discussed strategies for NGOs to secure funding and collaborate with corporate and international partners. The discussions reinforced the ongoing relevance of the Beijing Declaration and the necessity of continued efforts to achieve gender equality in the context of the 2030 Agenda for Sustainable Development.

The panellists shed light on the successful delivery of gender equality outcomes within the context of the Beijing Declaration, aligned with the implementation of the Sustainable Development Goals (SDGs) including challenges faced by NGOs in securing financial support, government involvement in promoting gender equality, accessing funds and corporate social investment from large companies, and multi-stakeholder engagement and global initiatives to advance financing of gender equality.

The second event focused on “Enhancing equal access to gender-responsive social protection for women and girls’ empowerment.” The session underscored the critical role of social protection in promoting social inclusion and ensuring that marginalised groups, including women and girls, have access to essential services and income security. The panel included Nyaradzayi Gumbonzvanda, UN Women Deputy Executive Director (key speaker); Bama Athreya, Deputy Assistant Administrator for the Gender Equality and Women’s Empowerment Hub; Anne Githuku-Shongwe, Director of the UNAIDS Regional Support Team for Eastern and Southern Africa; Annelisa Mlakalaka, Social Worker at Ilitha Labantu; and Jessica Longwe, Moderator and Cabinet Support to the Minister of Social Development, South Africa.

The event underscored the urgent need for inclusive and gender-sensitive policies, emphasising the transformative potential of social protection in empowering women and girls, promoting their rights, and fostering social inclusion. Key outcome points included the need for equitable access to social protection programmes for women and girls that empower them economically, socially, and politically and gender-sensitive policies; acknowledgement of the intersectional nature of women’s experiences, considering factors such as race, ethnicity, disability, and socioeconomic status; and advocacy for inclusive approaches that address the structural causes and multiple dimensions of inequality and ensure no woman or girl is left behind. There was a call for collaborative efforts at all levels to implement comprehensive measures that address the root causes of gender inequality and ensure the full realisation of women’s rights and dignity globally, nationally, and locally.

Ilitha Labantu Executive Director Ms Ella Mangisa also participated in a panel discussion hosted by KADEM on the vital role of innovative and context-specific women’s centres in addressing GBV and promoting women’s wellbeing. By showcasing best practices, understanding the complex challenges women face, and highlighting the interdependency of local and global efforts, the event provided valuable insights and policy recommendations. These outcomes align with the broader goals of advancing gender equality and ensuring holistic support for women and girls.

Other side events attended included “Strengthening access to funding opportunities for NGOs working towards the elimination of GBV,” hosted by the GBV Response Fund, South Africa, where the discussions focused on the need for transparent, accessible funding processes and the importance of building strong advocacy, trust, and visibility. Ilitha Labantu also used the occasion on CSW68 to launch “Our Stories, Our Voices, Discovering Ourselves,” an anthology that compiles personal narratives, short stories, and poetry from women and girls from diverse backgrounds. A product of Ilitha Labantu’s Isisele Senyathi Women’s Hub on African Women’s History, the publication aims to amplify the voices of ordinary women, leaders, visionaries, and change-makers who have significantly influenced our world.



35TH ANNIVERSARY CONFERENCE

Conference Overview

The Ilitha Labantu 35th Anniversary International Conference took place from 26 – 28 February 2025 at the Rockefeller Hotel in Cape Town under the theme “Women’s Rights at the Crossroads: Rethinking Gender Equality and Empowerment of Women and Girls in Advancing Sustainable Development”. The conference brought together over 80 participants, including survivors, activists, practitioners, policymakers, scholars, government officials, and representatives from leading organisations, to reflect on past achievements, confront ongoing challenges, and drive meaningful progress.

Key discussions included: combating violence against women and children through innovative responses; advancing women’s economic empowerment and financial inclusion; addressing democratic backsliding and its impact on feminist politics; elevating young women’s leadership in shaping the future; and bridging traditional and modern approaches to gender-based violence.

The conference examined the ongoing challenges that continue to impede gender equality and women’s empowerment and sought to answer questions about why the world is at a crossroads on gender equality. It featured distinguished speakers from government, international human rights bodies, the United Nations, academia, and leading feminist organisations, all working towards advancing gender equality on a global scale.

The landmark gathering dedicated to advancing women’s rights, gender equality, and sustainable development also served as a tribute to the life and legacy of Ilitha Labantu’s founder and president, Mandisa Monakali, whose unwavering dedication to the fight for the rights and dignity of women and children continues to inspire generations.



Conference objectives

The overarching objectives of the conference were to discuss how gender equality and women's empowerment agenda can be promoted in international development cooperation and assess what has changed over the last 30 years since the Beijing Platform for Action (BPfA), in the pursuit of gender equality and the empowerment of women and girls, and women's and girls' human rights, and how those changes are impacting on prospects for women and girls in achieving the objectives of the Convention on the Elimination of All Forms of Discrimination Against Women (CEDAW), BPfA and the SDGs from a gender perspective. The conference aimed to:

- Provide an overview of global progress, setbacks, and future strategies and gender equality in emerging societies.
- Strengthen awareness of gender equality and women's empowerment issues within the context of the 2030 Agenda for Sustainable Development.
- Promote gender equality, and women's empowerment, and address issues related to women's leadership.
- Find the links between violence against women and women's homelessness
- Share knowledge and insights on the progress and challenges in realising women's rights.
- Highlight what prevents women from attaining leadership levels, and discuss possible solutions.
- Reflect on the role and evolution of key mechanisms in advancing women's rights.
- Establish the links between gender equality, women's empowerment, democracy, and sustainable development.
- Serve as a critical platform for reassessing our current strategies and fortifying regional and global commitment to women's rights and promoting the exchange of ideas.

Conference sessions

- Opening/Violence against women and girls
- Women's sexual and reproductive health and rights
- Accelerating women's socio-economic empowerment: the path to peaceful, just, and inclusive societies and leveraging financing for gender equality
- Women in leadership and their full and equal participation in decision-making
- Democratic backsliding and backlash against women's rights: understanding the current challenges for feminist politics
- Feminist organising and practice/activism, social movements
- Reinvigorate regional and international commitment to women's empowerment and gender equality
- The role of young women and girls in shaping the next decade of gender equality

Conference outcomes

The conference focused on creating a roadmap that addresses the immediate barriers and formulates long-term sustainable solutions that uphold and advance the human rights of women and girls globally. The conference was used as a platform for networking, exchanging ideas, and engaging in discussions surrounding gender equality, women's empowerment, and the advancement of women leaders across various sectors. The event was a rallying point for stakeholders from all sectors to recommit to this critical cause, ensuring that the momentum towards gender equality globally remains.

PRE-CSW69 CONSULTATION

On the final day of the 35th Anniversary Conference, participants discussed the upcoming 69th session of the Commission on the Status of Women (CSW69), scheduled for 10 – 21 March 2025 in New York. Representatives from more than 40 civil society organisations engaged in cooperative and significant discussions, resulting in a comprehensive list of recommendations aligned with the 12 essential areas of the Beijing Platform for Action. The recommendations establish a connection between the urgent global discussions at CSW69 and the dedicated advocacy, diverse programmes, and grassroots initiatives that civil society has undertaken to shape and influence the outcomes of CSW69. These include advocating for African-led economic empowerment models; establishing culturally relevant legal education and awareness campaigns; promoting mental health services and trauma-informed care without discrimination; urging UN Member States to adopt and fund community-based accountability models for GBV response; advocating for policy reforms to challenge harmful social norms and increase funding for grassroots women's empowerment initiatives; and demanding the enforcement of national and international human rights laws. (The full list of recommendations is available in our conference report [here](#).)



SECOND ISELE SENYATHI WRITING RETREAT

Ilitha Labantu hosted the second Isisele Senyathi Writing Retreat from 24 – 28 June in Boschendal, Franschhoek. Ten women were invited to join the retreat which explores untold stories of women and aims to correct distorted narratives about African women. During the retreat, participants learnt to create writing frameworks and how to utilise different writing approaches to mould their experiences and ideas into shareable stories. They also had substantive time to reflect on their journeys and the stories about themselves and their lives that they wanted to convey. The stories of this second cohort of women writers will form part of the next volume of *Our Stories, Our Voices. Discovering Ourselves* – an anthology of personal narratives, short stories and poetry from women and girls published by Ilitha Labantu.





SAPS TRAINING GRADUATION – SECOND COHORT

Ilitha Labantu in partnership with UN Women hosted a graduation ceremony for the second cohort of South African Police Service members from the Cape West Coast and the Overberg District, who completed Ilitha Labantu's comprehensive training programme for law enforcement officers. The training modules included gender sensitivity, gender-based violence, child trauma and signs of child abuse, and basic counselling for victims of violence. Police officers were trained on Usable Acts, Legal Remedies and Procedures including GBV legislation, basic counselling, conflict resolution and mediation, ensuring a trauma-informed response, and the ethical handling of protection orders.



ILITHA LABANTU ANNUAL HIGH TEA

Our 5th Annual High Tea took place on Saturday, 31 August 2024 at The Vineyard Hotel. This year, in addition to raising funds for the Dorothy Zihlangu Transitional House (shelter) for women survivors of abuse and their children, the event also celebrated the 35th anniversary of Ilitha Labantu. The 2024 theme, "Empowering Women, Changing Lives," reflected our dedication to creating a safer and more equitable future for women. Guest speakers were Hon Mmamoloko Nkhensani Kubayi (Minister of the Department of Human Settlements), Lisa Hendricks (SA Navy Rear Admiral, JG, SA National Defence Force) and Claude Mashego (Miss World - South Africa) with Dr Criselda Kananda as the Master of Ceremony.



MEETINGS, COMMUNITY ENGAGEMENTS AND DIALOGUES

Young Women's Dialogue

The Clinical Department hosted a Young Women's Dialogue on 22 August 2024 under the theme, "Being Agents of Change". Eighty young women from various areas in Cape Town attended the dialogue. Discussions centred on setting a good example for the next generation and what young women can do in their sphere of influence and in their communities to fight the scourge of violence and uplift each other.

STAKEHOLDER DIALOGUE

On 6 February 2025, Ilitha Labantu, in partnership with the Deputy Minister in the Presidency, Ms Nonceba Mhlauli, hosted a Stakeholder Dialogue on social cohesion and safe communities at the Southern Sun Cape Sun Hotel in Cape Town. The dialogue focused on strengthening partnerships among NGOs, the government, and communities to foster unity and collective action. Over 60 stakeholders participated in the event, with the United Nations Resident Coordinator in South Africa, Nelson Muffuh, invited as our guest speaker.



STAFF DEVELOPMENT AND WELLNESS

Ilitha Labantu staff demonstrated profound resilience and adaptation during the 2024-2025 reporting period. The most significant challenge Ilitha Labantu faced was the passing of our Founder and President, Mam Mandisa Monakali, in November 2024. Her presence had been central to the public identity and internal cohesion of the organisation. In response, we entered a period of collective mourning and strategic transition. We instituted a legacy working group to ensure that her vision continues to anchor our work. We also used the opportunity of our 35th Anniversary Conference to recommit to our values and refocus our long-term strategy around leadership development, succession planning, and institutional memory.

Staff secondary trauma support

Another challenge involved increasing secondary trauma among staff, particularly those offering psychosocial and legal support. Many team members were engaged directly with survivors of extreme violence or handled court accompaniment in traumatising environments. While debriefing has been a part of our wellness culture, the volume and intensity of cases necessitated expanded staff support. In response, we introduced regular peer debriefing sessions, collaborated with an external trauma specialist for quarterly wellness workshops, and improved case rotation systems to reduce burnout.

Limited infrastructure and accessibility

As we expanded our programmes to areas such as the Overberg and Cape West Coast districts, we encountered logistical and financial barriers, including a lack of adequate venues for activities, transport challenges, and slow interdepartmental coordination. In response, we leveraged existing partnerships with local government and schools while investing in our mobile clinic and outreach capacity as flexible service delivery models.

Safety and Security

Ilitha Labantu operates in high-risk and often volatile communities, therefore, safety and security remain a constant priority. We regularly assess and implement measures to enhance the protection of our staff, premises, clients and visiting stakeholders. To this end, we have a 24-hour security guard service and recently installed additional CCTV cameras, including street-facing views for greater coverage. The boundary walls and entrance gates are linked to an electronic buzzer system to control access effectively.

To enhance personal security, a Namola Panic Tracker was issued to each staff member to ensure a quick response in an emergency. Social workers conducting home visits are accompanied by fellow staff members or, if needed, the South African Police Service (SAPS) is requested to provide additional security. These efforts reflect our ongoing commitment to creating a safe and secure working environment for our team while continuing to serve our communities effectively.





ACKNOWLEDGEMENTS

We are immensely grateful to our partners, stakeholders, staff and volunteers who have journeyed with us these past 35 years. Your collaboration has allowed Ilitha Labantu to evolve from one woman's vision in 1989 into a dynamic organisation that contributes to the global effort to end violence against women and children.

Thanks to the generous support of our donors, funders, and individuals who shared our vision and mission, we have supported more than half a million survivors of gender-based violence. Yet, as injustice, inequality, violence, and discrimination continue to plague our society, more must be done. But this work cannot — and should not — be carried alone. We therefore look forward to your continued support in the years ahead as we expand our programmes, continue our activism and grow our advocacy nationally and globally.

As we move forward, we carry with us the legacy of our founder, Mandisa Monakali, whose life's work taught us that "justice begins at the grassroots — and that development without dignity is not development at all." Siyabulela; thank you.



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